

Teaching Alliance of Dorset Special Schools



Promoting inclusion...

Training Day
26th June 2015

Dorford Centre, Bridport Road Dorchester DT1 1RR

'Inside I'm Hurting'

***Supporting the pupil who has experienced significant
relational traumas and losses***

With Yellow Kite trainer: Clare Langhorne

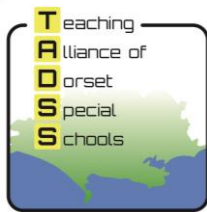
Themes covered:

- ❖ Identifying those who are at risk within education
- ❖ Understanding the need for translation due to insecure attachment
- ❖ Understanding why investing into relationships is vital for adaption and recovery
- ❖ Differentiating emotional and social tasks and expectations
- ❖ The nervous system and the optimum state for learning
- ❖ Stress regulators vs behaviour managers
- ❖ Behaviour as communication
- ❖ Connection first
- ❖ The reality of secondary stress
- ❖ Staff care
- ❖ The Attachment framework
- ❖ The impact of developmental trauma
- ❖ The Attachment Aware School
- ❖ Facilitating over compensatory safety
- ❖ Co- regulation
- ❖ Being kept in mind
- ❖ Developing a robust sense of self

The Day

9.00 - 9.30	Registration, tea and coffee
9.30 - 11.00	Session 1
11.00 - 11.30	Break
11.30 - 13.00	Session 2
13.00 - 13.45	Lunch (<i>provided</i>)
13.45 - 15.30	Session 3
15.30	Questions and evaluations

Parking: Top of the Town car park is opposite the venue



Clare Langhorne BEd (Hons), NPQH

Clare Langhorne is a Deputy Head teacher at a school for 5 to 16 year old children with a variety of Complex learning, emotional and behavioural needs. The school runs an, ever evolving, Attachment aware model that has proved extremely successful for many children who have suffered trauma and significant loss. The model uses a range of strategies based on an Attachment framework, relationship building, communication skills, staff self-awareness, sensory diets and multi-agency working.



Setting-up and running the programmes for individual children and their families has enabled ample opportunity to extend knowledge and experience in this developing area of specialism.

In 2001 Clare ran a government funded Inclusion project that looked at developing school systems and staff teams to meet the needs of young people with complex emotional needs this then led to development of a very successful countywide outreach service. As Head of the Complex needs Outreach service, she and her team, provide training and support for staff of mainstream primary and secondary schools and related agency staff as required in developing understanding of Attachment, complex learning and emotional difficulties. The Attachment difficulty support and training includes regular sessions to develop knowledge of staff as well as assessments, setting-up programmes of support and input for individual pupils and their families.

Clare is also a qualified trainer in conflict management and physical intervention and has been able to combine her areas of expertise to train staff in special schools, PRU and mainstream schools in supporting young people who due to their relational difficulties demonstrate highly challenging, unsafe and distressed behaviours.

Due to national recognition of the need for early intervention to support children and their families Clare has been working with LA colleagues to set-up Early Help school models. This is enabling increased understanding of the wider impact of children's unmet emotional needs and how we can work together to provide 'good enough care' in a sustainable and truly effective way.

Clare has a strong belief in working alongside school staff, families and agencies to gain wrap around support for these young people and is therefore keen to help develop the knowledge and understanding of all those involved in troubled young peoples' lives.